

WOMEN'S

ZIPTRAK® STAGE 1

DATE
SATURDAY 17 JAN 2026DISTANCE
137.4KM01 ► WILLUNGA 11:10AM
≡ WILLUNGA 3:02PM

POINT-TO-POINT

Time 34km	Time 36km	Time 38km	Location	Km travelled	Km to go
1110	1110	1110	Start Race Neutral High Street, Willunga near the Old Bush Inn	0.0	1.3
1110	1110	1110	Right turn on to Hailstone Lane, Willunga	0.1	1.2
1110	1110	1110	Right turn on to St Judes Street, Willunga	0.2	1.1
1111	1111	1111	Right turn on to St Andrews Terrace, Willunga	0.6	0.7
1112	1112	1112	Left turn on to High Street, Willunga	1.0	0.3
1112	1112	1112	Left turn on to Aldinga Road, Willunga	1.0	0.3
1113	1113	1113	End Race Neutral Aldinga Road, Willunga at Railway Terrace	1.3	0.0
1113	1113	1113	Race Start Aldinga Road, Willunga at Railway Terrace	0.0	137.4
1123	1123	1122	Left turn on to Plains Road, Aldinga	6.2	131.2
1128	1127	1126	Right turn on to Hahn Road, Sellicks Hill	8.5	128.9
1130	1129	1128	Left turn on to Main South Road, Sellicks Hill	9.7	127.7
1132	1131	1130	Right turn on to Norman Road, Sellicks Hill	10.8	126.5
1136	1134	1133	Right turn on to Lower Esplanade, Aldinga Beach	13.0	124.4
1140	1138	1137	Veer left on to Esplanade, Aldinga Beach	15.3	122.1
1143	1141	1140	Ziptrak® Sprint #1 Esplanade at Snapper Point near Butterworth Road, Aldinga Beach	17.3	120.1
1147	1145	1143	Veer right on to Jetty Road, Port Willunga	19.4	117.9
1147	1145	1144	Continue straight on to Port Road, Port Willunga	19.6	117.8
1150	1148	1146	Left turn to stay on Port Road, Aldinga	21.0	116.4
1151	1149	1147	Left turn at the roundabout on to Old Coach Road, Aldinga	21.6	115.8
1159	1157	1155	Right turn on to Maslin Beach Road, Maslin Beach	26.6	110.8
1202	1159	1156	Continue straight on to Tatachilla Road, Maslin Beach	27.7	109.6
1208	1205	1202	Left turn on to Caffrey Street, McLaren Vale	31.2	106.1
1210	1207	1204	Sharp right turn on to Main Road, McLaren Vale Caution - Spoon Drain	32.4	105.0
1210	1207	1204	Feed Zone - 600m duration (no team escort) Main Road at Chalk Hill Road, McLaren Vale	32.6	104.8
1210	1207	1204	Main Road, McLaren Vale near Bus Stop 87 Start Clean Zone	32.8	104.6
1211	1208	1205	Main Road, McLaren Vale End Clean Zone Caution - Raised Pedestrian Crossing	33.2	104.2
1213	1209	1206	Sharp left turn on to Field Street, McLaren Vale	34.0	103.4
1214	1211	1208	Continue straight at the roundabout on to Olivers Road, McLaren Vale Caution - Raised Speed Hump	35.1	102.3
1219	1215	1212	Right turn on to Seaview Road, McLaren Vale	37.4	100.0
1221	1217	1213	Seaview Road becomes Kays Road at Chaffeys Road, McLaren Vale	38.6	98.8
1225	1221	1217	Right turn on to Whittings Road, McLaren Flat	41.0	96.4
1228	1223	1220	Right turn on to Blewitt Springs Road, McLaren Flat	42.4	94.9
1229	1225	1221	Right turn on to Kangarilla Road, McLaren Flat	43.3	94.1
1236	1231	1227	Sharp Left turn on to Main Road, McLaren Vale	47.0	90.4
1238	1233	1229	Main Road, McLaren Vale at McMurtrie Road	48.3	89.1
1246	1240	1236	Feed Zone - 500m duration (team escort) Main Road at Station Road, Willunga	52.7	84.7
1246	1241	1236	Veer left on to High Street, Willunga	53.0	84.4

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Time 34km	Time 36km	Time 38km	Location	Km travelled	Km to go
1247	1242	1237	efex Queen of the Mountain #1 - Lower Willunga Hill (category 3) Distance: 475m, Total Ascent 20m, Maximum Gradient: 5.6%, Average Gradient: 4.2% High Street at Start / Finish Line, Willunga Start Lap #1	53.5	83.9
1247	1242	1237	Right turn on to Hailstone Lane, Willunga	53.6	83.8
1247	1242	1237	Right turn on to St Judes Street, Willunga	53.6	83.7
1248	1243	1238	Right turn on to St Andrews Terrace, Willunga	54.1	83.3
1249	1243	1239	Left turn on to High Street, Willunga	54.5	82.9
1249	1243	1239	Left turn on to Aldinga Road, Willunga	54.5	82.9
1249	1244	1239	Aldinga Road at Railway Terrace, Willunga Start Clean Zone	54.8	82.6
1250	1245	1240	Aldinga Road near Jay Drive, Willunga End Clean Zone	55.4	82.0
1300	1254	1249	Left turn on to Plains Road, Aldinga	60.9	76.4
1304	1258	1253	Right turn on to Hahn Road, Sellicks Hill	63.3	74.1
1306	1300	1254	Left turn on to Main South Road, Sellicks Hill	64.4	72.9
1308	1302	1256	Right turn on to Norman Road, Sellicks Hill	65.6	71.8
1312	1306	1300	Right turn on to Lower Esplanade, Aldinga Beach	67.8	69.6
1316	1309	1303	Veer left on to Esplanade, Aldinga Beach	70.1	67.3
1320	1313	1306	Esplanade at Snapper Point near Butterworth Road, Aldinga Beach	72.1	65.3
1324	1316	1310	Veer right on to Jetty Road, Port Willunga	74.2	63.2
1324	1317	1310	Continue straight on to Port Road, Port Willunga	74.4	63.0
1326	1319	1312	Left turn to stay on Port Road, Aldinga	75.8	61.6
1327	1320	1313	Left turn at the roundabout on to Old Coach Road, Aldinga	76.4	61.0
1336	1328	1321	Right turn on to Maslin Beach Road, Maslin Beach	81.4	56.0
1338	1330	1323	Continue straight on to Tatachilla Road, Maslin Beach	82.5	54.9
1344	1336	1328	Left turn on to Caffrey Street, McLaren Vale	86.0	51.4
1346	1338	1330	Sharp right turn on to Main Road, McLaren Vale Caution - Spoon Drain	87.2	50.2
1347	1338	1331	Feed Zone - 600m duration (no team escort) Main Road at Chalk Hill Road, McLaren Vale	87.4	50.0
1347	1339	1331	Main Road, McLaren Vale near Bus Stop 87 Start Clean Zone	87.6	49.8
1348	1339	1331	Main Road, McLaren Vale End Clean Zone Caution - Raised Pedestrian Crossing	88.0	49.4
1352	1343	1335	Main Road, McLaren Vale at McMurtrie Road	90.2	47.1
1400	1350	1342	Feed Zone - 500m duration (team escort) Main Road at Station Road, Willunga	94.6	42.7
1400	1351	1343	Veer left on to High Street, Willunga	95.0	42.4
1401	1352	1343	efex Queen of the Mountain #2 - Lower Willunga Hill (category 3) Distance: 475m, Total Ascent 20m, Maximum Gradient: 5.6%, Average Gradient: 4.2% High Street at Start / Finish Line, Willunga End Lap # 1 / Start Lap #2	95.4	42.0
1401	1352	1343	Right turn on to Hailstone Lane, Willunga	95.5	41.8
1401	1352	1344	Right turn on to St Judes Street, Willunga	95.6	41.8
1402	1353	1344	Right turn on to St Andrews Terrace, Willunga	96.0	41.3
1403	1353	1345	Left turn on to High Street, Willunga	96.4	40.9
1403	1353	1345	Left turn on to Aldinga Road, Willunga	96.5	40.9
1403	1354	1345	Aldinga Road at Railway Terrace, Willunga Start Clean Zone	96.7	40.7

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1404	1355	1346	Aldinga Road near Jay Drive, Willunga End Clean Zone	97.3	40.1
1414	1404	1355	Left turn on to Plains Road, Aldinga	102.9	34.5
1418	1408	1359	Right turn on to Hahn Road, Sellicks Hill	105.2	32.2
1420	1410	1401	Left turn on to Main South Road, Sellicks Hill	106.4	31.0
1422	1412	1402	Right turn on to Norman Road, Sellicks Hill	107.6	29.8
1426	1415	1406	Right turn on to Lower Esplanade, Aldinga Beach	109.7	27.7
1430	1419	1409	Veer left on to Esplanade, Aldinga Beach	112.0	25.4
1434	1423	1413	Ziptrak® Sprint #2 Esplanade at Snapper Point near Butterworth Road, Aldinga Beach	114.0	23.4
1438	1426	1416	Veer right on to Jetty Road, Port Willunga	116.2	21.2
1438	1426	1416	Continue straight on to Port Road, Port Willunga	116.3	21.1
1440	1429	1419	Left turn to stay on Port Road, Aldinga	117.8	19.6
1441	1430	1419	Left turn at the roundabout on to Old Coach Road, Aldinga	118.3	19.0
1450	1438	1427	Right turn on to Maslin Beach Road, Maslin Beach	123.3	14.1
1452	1440	1429	Continue straight on to Tatachilla Road, Maslin Beach	124.5	12.9
1458	1446	1435	Left turn on to Caffrey Street, McLaren Vale	128.0	9.4
1500	1448	1436	Sharp right turn on to Main Road, McLaren Vale Caution - Spoon Drain	129.1	8.3
1501	1448	1437	Feed Zone - 600m duration (no team escort) Main Road at Chalk Hill Road, McLaren Vale	129.3	8.1
1501	1448	1437	Main Road, McLaren Vale near Bus Stop 87 Start Clean Zone	129.5	7.9
1502	1449	1438	Main Road, McLaren Vale End Clean Zone Caution - Raised Pedestrian Crossing	129.9	7.5
1506	1453	1441	Main Road, McLaren Vale at McMurtrie Road	132.2	5.2
1514	1500	1448	Main Road at Station Road, Willunga	136.6	0.8
1514	1501	1449	Veer left on to High Street, Willunga	136.9	0.5
1515	1502	1450	Race Finish High Street, Willunga near the Old Bush Inn	137.4	0.0

Approximate Race Duration: 3 hours 52 minutes