

MEN'S STAGE 4 ZIPTRAK® RACE DAY 4

DATE
FRIDAY 22 JAN 2027
DISTANCE
144.7KM

► **GLENELG** 10:40AM
≡ **VICTOR HARBOR** 2:14PM

[JUMP TO WOMEN'S](#)



POINT-TO-POINT

Time 41km	Time 43km	Time 45km	Location	Km travelled	Km to go
1040	1040	1040	Start Race Neutral Colley Terrace, Glenelg near Hope Street - heading south	0.0	6.3
1040	1040	1040	Left turn on to Jetty Road, Glenelg Caution - Tram Lines	0.1	6.2
1041	1041	1041	Right turn on to Brighton Road, Glenelg	0.8	5.5
1048	1048	1048	Brighton Road, Brighton Caution - Active Rail Crossing (DIT - Train)	4.4	1.9
1052	1052	1052	End Race Neutral Brighton Road, South Brighton near Portland Street	6.3	0.0
1052	1052	1052	Race Start Brighton Road, South Brighton near Portland Street	0.0	144.7
1054	1054	1053	Brighton Road becomes Ocean Boulevard at Scholefield Road, Seacliff Park	1.0	143.7
1057	1057	1056	Left turn on to Majors Road, Seaview Downs	3.2	141.5
1058	1058	1058	Majors Road, O'Halloran Hill at Southern Expressway Caution - Bridge	4.2	140.5
1100	1100	1059	Right turn on to Main South Road, O'Halloran Hill	5.4	139.3
1100	1100	1059	Left turn on to Black Road, O'Halloran Hill	5.5	139.2
1102	1102	1101	Continue straight at the roundabout to stay on Black Road, Flagstaff Hill	6.9	137.8
1104	1103	1103	Continue straight at the roundabout to stay on Black Road, Flagstaff Hill	8.0	136.7
1107	1106	1106	Continue straight at the roundabout to stay on Black Road, Flagstaff Hill	10.1	134.6
1108	1108	1107	Feed & Clean Zone - 3000m (non-escorted) Black Road, Flagstaff Hill at Glendale Road	11.2	133.5
1109	1108	1108	Right turn on to Main Road, Coromandel Valley	11.6	133.1
1113	1112	1111	efex King of the Mountain #1 - Cherry Gardens Hill (category 2) Distance: 2.975km, Total Ascent: 179m Maximum Gradient: 11.1%, Average Gradient: 5.9% Main Road at Cherry Gardens Road, Chandlers Hill	14.1	130.6
1115	1114	1113	Main Road, Chandlers Hill Caution - Sharp Descending Turn	15.6	129.1
1116	1115	1114	Main Road, Chandlers Hill Caution - Sharp Descending Turn	16.6	128.1
1117	1116	1115	Veer left on to Clarendon Road, Chandlers Hill	17.0	127.7
1117	1116	1115	Clarendon Road, Chandlers Hill Caution - Sharp Descending Turn	17.2	127.5
1118	1117	1116	Clarendon Road near Potter Road, Clarendon Caution - Sharp Descending Turn	17.7	127.0
1119	1118	1117	Clarendon Road near #152, Clarendon Caution - Sharp Descending Turn	18.5	126.2
1120	1119	1117	Clarendon Road, Clarendon Caution - Sharp Descending Turn	19.0	125.7
1120	1119	1118	Clarendon Road, Clarendon Caution - Sharp Descending Turn	19.3	125.4
1122	1121	1119	Sharp left turn on to Grants Gully Road, Clarendon Caution - Sharp Descending Turn	20.4	124.3
1124	1122	1121	Grants Gully Road, Clarendon Caution - Narrow Bridge	21.7	123.0
1124	1122	1121	Grants Gully Road becomes Kangarilla Road at Oval Road, Clarendon	21.7	123.0
1126	1125	1123	Sharp right turn on to Bakers Gully Road, Clarendon	23.4	121.3
1130	1128	1127	Left turn to stay on Bakers Gully Road, Kangarilla	25.9	118.8
1130	1128	1127	Bakers Gully Road, Kangarilla Caution - Narrow Bridge	25.9	118.8

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Time 41km	Time 43km	Time 45km	Location	Km travelled	Km to go
1132	1130	1128	Right turn on to McLaren Flat Road, Kangarilla	27.2	117.5
1134	1133	1131	McLaren Flat Road, Kangarilla at Schuller Road	29.0	115.7
1145	1143	1141	McLaren Flat Road becomes Main Road at Oakley Road, McLaren Flat	36.4	108.3
1147	1145	1142	Main Road becomes Kangarilla Road at Hunt Road, McLaren Flat	37.6	107.1
1151	1148	1146	Feed & Clean Zone - 1000m (non-escorted) Kangarilla Road, McLaren Vale near Serafino	40.2	104.5
1152	1150	1147	Right turn on to Main Road, McLaren Vale	41.2	103.5
1152	1150	1147	Left turn on to Tatachilla Road, McLaren Vale	41.3	103.4
1155	1152	1150	Tatachilla Road at Victor Harbor Road underpass, Tatachilla	43.2	101.6
1159	1156	1153	Tatachilla Road becomes Maslin Beach Road at Main South Road, Tatachilla	46.0	98.7
1201	1158	1155	Left turn on to Old Coach Road, Maslin Beach	47.2	97.5
1208	1205	1202	Right turn at the roundabout on to Port Road, Aldinga	52.2	92.6
1209	1206	1202	Right turn to stay on Port Road, Aldinga	52.8	91.9
1211	1208	1204	Continue straight on to Jetty Road, Port Willunga	54.2	90.5
1212	1208	1205	Veer left on to Esplanade, Port Willunga	54.3	90.4
1215	1211	1207	Ziptrak® Sprint #1 Esplanade (Snapper Point), Aldinga Beach	56.5	88.2
1218	1214	1210	Right turn on to Lower Esplanade, Aldinga Beach	58.5	86.2
1221	1217	1213	Left turn on to Norman Road, Aldinga Beach	60.8	83.9
1223	1218	1214	Right turn on to Justs Road, Aldinga Beach	61.8	82.9
1223	1219	1215	Justs Road, Aldinga Beach Caution - Bridge	62.0	82.7
1226	1222	1218	Left turn on to Sellicks Beach Road, Sellicks Beach	64.1	80.6
1226	1222	1218	Right turn on to Country Road, Sellicks Beach	64.1	80.6
1226	1222	1218	Feed & Clean Zone - 1100m (escorted) Country Road, Sellicks Beach Caution - Bridge	64.4	80.3
1228	1223	1219	Right turn on to Main South Road, Sellicks Hill	65.5	79.3
1235	1231	1226	Right turn on to Reservoir Road, Sellicks Hill	70.6	74.1
1237	1232	1228	efex King of the Mountain #2 - Heatherdale Hill (category 3) Distance: 1100m, Total Ascent: 95m Maximum Gradient: 13.3%, Average Gradient: 8.6% Reservoir Road, Sellicks Hill	71.6	73.1
1244	1239	1234	Reservoir Road, Myponga Caution - Steep descent with sharp left turn	76.3	68.4
1244	1239	1234	Reservoir Road, Myponga Caution - Narrow Bridge	76.7	68.0
1247	1242	1237	Right turn on to Forktree Road, Wattle Flat	78.7	66.1
1259	1253	1248	Forktree Road becomes Carrickalinga Road at Brown Road, Carrickalinga	86.9	57.8
1301	1255	1249	Carrickalinga Road, Normanville at Carrickalinga Creek Caution - Narrow Bridge	87.9	56.8
1303	1257	1252	Carrickalinga Road becomes Main Road at Jetty Road, Normanville	89.6	55.1
1304	1257	1252	Main Road, Normanville Caution - Raised Pedestrian Crossing	89.8	54.9
1304	1258	1252	Left turn on to Main South Road, Normanville	90.0	54.7
1308	1302	1256	Ziptrak® Sprint #2 Main South Road, Yankalilla at property #109	92.9	51.8
1308	1302	1256	Right turn on to Main Street, Yankalilla	93.2	51.5
1310	1304	1258	Main Street, Yankalilla at Bungala River Caution - Bridge	94.4	50.3
1311	1304	1258	Main Street becomes Inman Valley Road at Doctors Hill Road, Yankalilla	94.7	50.0
1316	1309	1303	Feed & Clean Zone - 3000m (non-escorted) Inman Valley Road, Bald Hills and Torrens Vale Road	98.3	46.4

MEN'S STAGE 4 ZIPTRAK® RACE DAY 4

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≡ **VICTOR HARBOR 2:14PM**



Time 41km	Time 43km	Time 45km	Location	Km travelled	Km to go
1320	1313	1307	efex King of the Mountain #3 - Nosworthy Hill (category 4) Distance: 3.0km, Total Ascent: 101m Maximum Gradient: 8.9%, Average Gradient: 3.4% Inman Valley Road, Inman Valley	101.3	43.4
1340	1332	1325	Left turn on to Sawpit Road, Lower Inman Valley	114.4	30.3
1340	1332	1325	Sawpit Road, Lower Inman Valley Caution - Bridge	114.9	29.8
1349	1341	1334	Sawpit Road, Hindmarsh Valley Caution - Ford Crossing	121.2	23.5
1351	1342	1335	Feed & Clean Zone - 1100m (non-escorted) Left turn on to Nettle Hill Road, Hindmarsh Valley	122.0	22.7
1352	1344	1336	efex King of the Mountain #4 - Nettle Hill (category 1) Distance: 1.9km, Total Ascent: 157m Maximum Gradient: 15.6%, Average Gradient: 8.1% Nettle Hill Road, Hindmarsh Valley	123.1	21.6
1355	1346	1339	Right turn on to Hindmarsh Tiers Road, Victor Harbor	124.8	19.9
1403	1354	1346	Veer left to stay on Hindmarsh Tiers Road, Hindmarsh Valley	130.1	14.6
1405	1356	1348	Sharp right turn on to Hutchinson Road, Hindmarsh Valley Caution - Sharp Turn	131.6	13.1
1405	1356	1348	Hutchinson Road, Hindmarsh Valley Caution - Bridge	131.9	12.8
1410	1400	1352	Veer left on to Greenhills Road, Hindmarsh Valley	135.0	9.7
1413	1404	1355	Veer right to stay on Greenhills Road, Hindmarsh Valley	137.4	7.3
1415	1405	1357	Veer left to stay on Greenhills Road, Lower Inman Valley	138.3	6.4
1417	1407	1358	Greenhills Road, Victor Harbor Caution - Bridge	139.7	5.0
1417	1407	1359	Sharp right turn on to Greenhills Road, Victor Harbor Caution - Sharp Descending Turn	139.9	4.8
1417	1407	1359	Left turn on to Armstrong Road, Victor Harbor	140.0	4.7
1420	1410	1402	Veer left on to George Main Road (slip lane), Victor Harbor	142.1	2.6
1422	1412	1403	Continue straight at the roundabout to stay on George Main Road, Victor Harbor	143.3	1.4
1422	1412	1403	George Main Road, Victor Harbor Caution - Bridge	143.4	1.3
1422	1412	1403	Sharp right turn on to Victoria Street, Victor Harbor	143.5	1.2
1422	1412	1404	Sharp left turn on to Inman Street, Victor Harbor	143.6	1.1
1422	1413	1404	Veer left on to Esplanade, Victor Harbor	143.7	1.0
1423	1413	1404	Esplanade at King Street, Victor Harbor	144.3	0.4
1424	1414	1405	Race Finish Esplanade, Victor Harbor at Hotel Victor	144.7	0.0

Approximate Race Duration: 3 hours 34 minutes

WOMEN'S STAGE 1 ZIPTRAK® RACE DAY 4

DATE
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DISTANCE
144.7KM

► GLENELG 12:10PM
≡ VICTOR HARBOR 4:26PM



POINT-TO-POINT

Time 34km	Time 36km	Time 38km	Location	Km travelled	Km to go
1210	1210	1210	Start Race Neutral Colley Terrace, Glenelg near Hope Street - heading south	0.0	6.3
1210	1210	1210	Left turn on to Jetty Road, Glenelg Caution - Tram Lines	0.1	6.2
1211	1211	1211	Right turn on to Brighton Road, Glenelg	0.8	5.5
1220	1220	1220	Brighton Road, Brighton Caution - Active Rail Crossing (DIT - Train)	4.4	1.9
1225	1225	1225	End Race Neutral Brighton Road near Portland Street	6.3	0.0
1225	1225	1225	Race Start Brighton Road near Portland Street	0.0	144.7
1226	1226	1226	Brighton Road becomes Ocean Boulevard at Scholefield Road, Seacliff Park	1.0	143.7
1230	1230	1230	Left turn on to Majors Road, Seaview Downs	3.2	141.5
1232	1232	1231	Majors Road, O'Halloran Hill at Southern Expressway Caution - Bridge	4.2	140.5
1234	1234	1233	Right turn on to Main South Road, O'Halloran Hill	5.4	139.3
1234	1234	1233	Left turn on to Black Road, O'Halloran Hill	5.5	139.2
1237	1236	1236	Continue straight at the roundabout to stay on Black Road, Flagstaff Hill	6.9	137.8
1239	1238	1237	Continue straight at the roundabout to stay on Black Road, Flagstaff Hill	8.0	136.7
1242	1241	1241	Continue straight at the roundabout to stay on Black Road, Flagstaff Hill	10.1	134.6
1244	1243	1242	Feed & Clean Zone - 3000m (non-escorted) Black Road, Flagstaff Hill at Glendale Road	11.2	133.5
1245	1244	1243	Right turn on to Main Road, Coromandel Valley	11.6	133.1
1250	1248	1247	efex Queen of the Mountain #1 - Cherry Gardens Hill (category 2) Distance: 2.975km, Total Ascent: 179m Maximum Gradient: 11.1%, Average Gradient: 5.9% Main Road at Cherry Gardens Road, Chandlers Hill	14.1	130.6
1252	1251	1249	Main Road, Chandlers Hill Caution - Sharp Descending Turn	15.6	129.1
1254	1252	1251	Main Road, Chandlers Hill Caution - Sharp Descending Turn	16.6	128.1
1255	1253	1251	Veer left on to Clarendon Road, Chandlers Hill	17.0	127.7
1255	1253	1252	Clarendon Road, Chandlers Hill Caution - Sharp Descending Turn	17.2	127.5
1256	1254	1253	Clarendon Road near Potter Road, Clarendon Caution - Sharp Descending Turn	17.7	127.0
1257	1255	1254	Clarendon Road near #152, Clarendon Caution - Sharp Descending Turn	18.5	126.2
1258	1256	1255	Clarendon Road, Clarendon Caution - Sharp Descending Turn	19.0	125.7
1259	1257	1255	Clarendon Road, Clarendon Caution - Sharp Descending Turn	19.3	125.4
1301	1259	1257	Sharp left turn on to Grants Gully Road, Clarendon Caution - Sharp Descending Turn	20.4	124.3
1303	1301	1259	Grants Gully Road, Clarendon Caution - Narrow Bridge	21.7	123.0
1303	1301	1259	Grants Gully Road becomes Kangarilla Road at Oval Road, Clarendon	21.7	123.0
1306	1304	1302	Sharp right turn on to Bakers Gully Road, Clarendon	23.4	121.3
1310	1308	1306	Left turn to stay on Bakers Gully Road, Kangarilla	25.9	118.8
1310	1308	1306	Bakers Gully Road, Kangarilla Caution - Narrow Bridge	25.9	118.8

WOMEN'S STAGE 1

ZIPTRAK® RACE DAY 4

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Time 34km	Time 36km	Time 38km	Location	Km travelled	Km to go
1313	1310	1308	Right turn on to McLaren Flat Road, Kangarilla	27.2	117.5
1316	1313	1310	McLaren Flat Road, Kangarilla at Schuller Road	29.0	115.7
1329	1325	1322	McLaren Flat Road becomes Main Road at Oakley Road, McLaren Flat	36.4	108.3
1331	1327	1324	Main Road becomes Kangarilla Road at Hunt Road, McLaren Flat	37.6	107.1
1336	1332	1328	Feed & Clean Zone - 1000m (non-escorted) Kangarilla Road, McLaren Vale near Serafino	40.2	104.5
1337	1333	1330	Right turn on to Main Road, McLaren Vale	41.2	103.5
1337	1333	1330	Left turn on to Tatachilla Road, McLaren Vale	41.3	103.4
1341	1337	1333	Tatachilla Road at Victor Harbor Road underpass, Tatachilla	43.2	101.6
1346	1341	1337	Tatachilla Road becomes Maslin Beach Road at Main South Road, Tatachilla	46.0	98.7
1348	1343	1339	Left turn on to Old Coach Road, Maslin Beach	47.2	97.5
1357	1352	1347	Right turn at the roundabout on to Port Road, Aldinga	52.2	92.6
1358	1353	1348	Right turn to stay on Port Road, Aldinga	52.8	91.9
1400	1355	1350	Continue straight on to Jetty Road, Port Willunga	54.2	90.5
1401	1355	1350	Veer left on to Esplanade, Port Willunga	54.3	90.4
1404	1359	1354	Ziptrak® Sprint #1 Esplanade (Snapper Point), Aldinga Beach	56.5	88.2
1408	1402	1357	Right turn on to Lower Esplanade, Aldinga Beach	58.5	86.2
1412	1406	1401	Left turn on to Norman Road, Aldinga Beach	60.8	83.9
1414	1408	1402	Right turn on to Justs Road, Aldinga Beach	61.8	82.9
1414	1408	1403	Justs Road, Aldinga Beach Caution - Bridge	62.0	82.7
1418	1411	1406	Left turn on to Sellicks Beach Road, Sellicks Beach	64.1	80.6
1418	1412	1406	Right turn on to Country Road, Sellicks Beach	64.1	80.6
1418	1412	1406	Feed & Clean Zone - 1100m (escorted) Country Road, Sellicks Beach Caution - Bridge	64.4	80.3
1420	1414	1408	Right turn on to Main South Road, Sellicks Hill	65.5	79.3
1429	1422	1416	Right turn on to Reservoir Road, Sellicks Hill	70.6	74.1
1431	1424	1418	efex Queen of the Mountain #2 - Heatherdale Hill (category 3) Distance: 1100m, Total Ascent: 95m Maximum Gradient: 13.3%, Average Gradient: 8.6% Reservoir Road, Sellicks Hill	71.6	73.1
1439	1432	1425	Reservoir Road, Myponga Caution - Steep descent with sharp left turn	76.3	68.4
1440	1432	1426	Reservoir Road, Myponga Caution - Narrow Bridge	76.7	68.0
1443	1436	1429	Right turn on to Forktree Road, Wattle Flat	78.7	66.1
1458	1449	1442	Forktree Road becomes Carrickalinga Road at Brown Road, Carrickalinga	86.9	57.8
1500	1451	1443	Carrickalinga Road, Normanville at Carrickalinga Creek Caution - Narrow Bridge	87.9	56.8
1503	1454	1446	Carrickalinga Road becomes Main Road at Jetty Road, Normanville	89.6	55.1
1503	1454	1446	Main Road, Normanville Caution - Raised Pedestrian Crossing	89.8	54.9
1503	1455	1447	Left turn on to Main South Road, Normanville	90.0	54.7
1509	1459	1451	Ziptrak® Sprint #2 Main South Road, Yankalilla at property #109	92.9	51.8
1509	1500	1452	Right turn on to Main Street, Yankalilla	93.2	51.5
1511	1502	1454	Main Street, Yankalilla at Bungala River Caution - Bridge	94.4	50.3
1512	1502	1454	Main Street becomes Inman Valley Road at Doctors Hill Road, Yankalilla	94.7	50.0
1518	1508	1500	Feed & Clean Zone - 3000m (non-escorted) Inman Valley Road, Bald Hills and Torrens Vale Road	98.3	46.4

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Time 34km	Time 36km	Time 38km	Location	Km travelled	Km to go
1523	1513	1505	efex Queen of the Mountain #3 - Nosworthy Hill (category 4) Distance: 3.0km, Total Ascent: 101m Maximum Gradient: 8.9%, Average Gradient: 3.4% Inman Valley Road, Inman Valley	101.3	43.4
1547	1535	1525	Left turn on to Sawpit Road, Lower Inman Valley	114.4	30.3
1547	1536	1526	Sawpit Road, Lower Inman Valley Caution - Bridge	114.9	29.8
1558	1547	1536	Sawpit Road, Hindmarsh Valley Caution - Ford Crossing	121.2	23.5
1600	1548	1537	Feed & Clean Zone - 1100m (non-escorted) Left turn on to Nettle Hill Road, Hindmarsh Valley	122.0	22.7
1602	1550	1539	efex Queen of the Mountain #4 - Nettle Hill (category 1) Distance: 1.9km, Total Ascent: 157m Maximum Gradient: 15.6%, Average Gradient: 8.1% Nettle Hill Road, Hindmarsh Valley	123.1	21.6
1605	1553	1542	Right turn on to Hindmarsh Tiers Road, Victor Harbor	124.8	19.9
1614	1601	1550	Veer left to stay on Hindmarsh Tiers Road, Hindmarsh Valley	130.1	14.6
1617	1604	1552	Sharp right turn on to Hutchinson Road, Hindmarsh Valley Caution - Sharp Turn	131.6	13.1
1617	1604	1553	Hutchinson Road, Hindmarsh Valley Caution - Bridge	131.9	12.8
1623	1610	1558	Veer left on to Greenhills Road, Hindmarsh Valley	135.0	9.7
1627	1614	1601	Veer right to stay on Greenhills Road, Hindmarsh Valley	137.4	7.3
1629	1615	1603	Veer left to stay on Greenhills Road, Lower Inman Valley	138.3	6.4
1631	1618	1605	Greenhills Road, Victor Harbor Caution - Bridge	139.7	5.0
1631	1618	1605	Sharp right turn on to Greenhills Road, Victor Harbor Caution - Sharp Descending Turn	139.9	4.8
1632	1618	1606	Left turn on to Armstrong Road, Victor Harbor	140.0	4.7
1635	1621	1609	Veer left on to George Main Road (slip lane), Victor Harbor	142.1	2.6
1637	1623	1611	Continue straight at the roundabout to stay on George Main Road, Victor Harbor	143.3	1.4
1638	1624	1611	George Main Road, Victor Harbor Caution - Bridge	143.4	1.3
1638	1624	1611	Sharp right turn on to Victoria Street, Victor Harbor	143.5	1.2
1638	1624	1611	Sharp left turn on to Inman Street, Victor Harbor	143.6	1.1
1638	1624	1612	Veer left on to Esplanade, Victor Harbor	143.7	1.0
1639	1625	1612	Esplanade at King Street, Victor Harbor	144.3	0.4
1640	1626	1613	Race Finish Esplanade, Victor Harbor at Hotel Victor	144.7	0.0

Approximate Race Duration: 4 hours 16 minutes