

► LOBETHAL 10:40AM
 ≡ CAMPBELLTOWN 2:41PM



POINT-TO-POINT

Time 40km	Time 42km	Time 44km	Location	Km travelled	Km to go
1040	1040	1040	Start Race Neutral Main Street, Lobethal near Post Office Road - heading south Start Lap #1	0.0	2.0
1040	1040	1040	Veer right on to Lobethal Road, Lobethal	0.5	1.5
1041	1041	1041	Lobethal Road, Lobethal near Mill Road Caution - Narrow Bridge	0.6	1.4
1043	1043	1043	Lobethal Road, Lobethal Caution - Bridge	1.5	0.5
1044	1044	1044	End Race Neutral Lobethal Road, Lobethal near #1970 Lobethal Road	2.0	0.0
1044	1044	1044	Start Race Lobethal Road, Lobethal near #1970 Lobethal Road	0.0	166.2
1050	1050	1050	Lobethal Road, Forrest Range Caution - Sharp Descending Turn	4.6	161.6
1059	1058	1058	Lobethal Road, Basket Range Caution - Sharp Descending Turn	10.3	155.9
1100	1059	1058	Lobethal Road, Basket Range Caution - Sharp Descending Turn	10.7	155.5
1100	1100	1059	Lobethal Road, Basket Range Caution - Sharp Descending Turn	11.2	154.9
1100	1100	1059	Lobethal Road, Basket Range Caution - Sharp Descending Turn Caution - Narrow Bridge	11.3	154.9
1103	1103	1102	Lobethal Road, Basket Range Caution - Sharp Descending Turn	13.3	152.9
1104	1103	1102	Lobethal Road, Basket Range Caution - Sharp Descending Turn	13.4	152.8
1104	1103	1102	Lobethal Road, Basket Range Caution - Sharp Descending Turn	13.6	152.6
1105	1104	1103	Lobethal Road, Basket Range Caution - Narrow Bridge	14.3	151.8
1105	1104	1103	Lobethal Road, Basket Range Caution - Sharp Descending Turn	14.4	151.7
1109	1108	1107	Left turn on Stony Rise Road, Ashton	17.0	149.1
1110	1109	1108	Left turn on to Tregarthen Road, Ashton	17.9	148.2
1113	1111	1110	Feed & Clean Zone - 800m (non-escorted) Tregarthen Road, Summertown near #19 Tregarthen Road	19.3	146.9
1113	1112	1110	Right turn on to Greenhill Road, Summertown	19.6	146.6
1115	1113	1112	Left turn on to Mount Lofty Summit Road, Greenhill	20.9	145.2
1120	1118	1116	efex King of the Mountain #1 - Mount Lofty (category 2) Distance: 4.4km, Total Ascent: 173m Maximum Gradient: 14.0%, Average Gradient: 4.0% Mount Lofty Road, Crafers at Mount Lofty Summit Access Road	24.0	142.2
1123	1122	1120	Left turn at the roundabout on to Main Street, Crafers	26.6	139.5
1124	1122	1120	Veer left on to Piccadilly Road, Crafers	26.8	139.4
1126	1124	1122	Left turn at the roundabout on to Piccadilly Road, Piccadilly	28.0	138.2
1129	1127	1125	Piccadilly Road, Piccadilly Caution - Bridge	30.5	135.7
1131	1128	1126	Veer right on to Swamp Road, Piccadilly	31.3	134.8
1134	1132	1130	Sharp right turn on to Greenhill Road, Uraidla	33.9	132.3
1147	1144	1141	Greenhill Road, Balhannah at Bonney Flat Creek Caution - Bridge	42.0	124.1

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1149	1146	1143	Greenhill Road, Balhannah at Onkaparinga River Caution - Bridge	43.5	122.6
1150	1147	1144	Left turn on to Onkaparinga Valley Road, Balhannah	44.2	122.0
1159	1156	1152	Ziptrak® Sprint #1 Onkaparinga Valley Road, Woodside at The Woodside Hotel	50.5	115.7
1204	1200	1156	Left turn at the roundabout on to Woodside Road, Woodside	53.5	112.7
1204	1200	1157	Feed & Clean Zone - 1700m (escorted) Woodside Road, Woodside at Onkaparinga River Caution - Bridge	53.9	112.3
1207	1203	1200	Veer right to stay on Woodside Road, Lobethal	55.9	110.3
1208	1204	1200	Right turn on to Ridge Road, Lobethal	56.0	110.1
1210	1206	1202	Left turn to stay on Ridge Road, Lobethal	57.4	108.8
1210	1206	1202	Left turn on to Main Street, Lobethal	57.5	108.7
1211	1207	1203	Main Street, Lobethal at Start Line End Lap #1, Start Lap #2	58.3	107.9
1212	1207	1204	Veer right on to Lobethal Road, Lobethal	58.8	107.4
1212	1208	1204	Lobethal Road, Lobethal near Mill Road Caution - Narrow Bridge	58.9	107.2
1213	1209	1205	Lobethal Road, Lobethal Caution - Bridge	59.8	106.3
1214	1210	1206	Lobethal Road, Forrest Range Caution - Sharp Descending Turn	60.6	105.6
1221	1216	1212	Lobethal Road, Basket Range Caution - Sharp Descending Turn	64.9	101.3
1230	1225	1220	Lobethal Road, Basket Range Caution - Sharp Descending Turn	71.0	95.2
1230	1225	1221	Lobethal Road, Basket Range Caution - Sharp Descending Turn	71.3	94.9
1231	1226	1221	Lobethal Road, Basket Range Caution - Sharp Descending Turn Caution - Narrow Bridge	71.6	94.6
1234	1229	1224	Lobethal Road, Basket Range Caution - Sharp Descending Turn	73.6	92.5
1234	1229	1224	Lobethal Road, Basket Range Caution - Sharp Descending Turn	73.7	92.5
1234	1229	1224	Lobethal Road, Basket Range Caution - Sharp Descending Turn	73.9	92.3
1236	1230	1225	Lobethal Road, Basket Range Caution - Narrow Bridge	74.7	91.5
1236	1230	1225	Lobethal Road, Basket Range Caution - Sharp Descending Turn	74.8	91.4
1240	1234	1229	Left turn on Stony Rise Road, Ashton	77.3	88.8
1241	1235	1230	Left turn on to Tregarthen Road, Ashton	78.2	87.9
1243	1237	1232	Feed & Clean Zone - 800m (non-escorted) Tregarthen Road, Summertown near #19 Tregarthen Road	79.6	86.5
1243	1238	1233	Right turn on to Greenhill Road, Summertown	79.9	86.2
1245	1240	1234	Left turn on to Mount Lofty Summit Road, Greenhill	81.2	84.9
1250	1244	1238	efex King of the Mountain #2 - Mount Lofty (category 2) Distance: 4.4km, Total Ascent: 173m Maximum Gradient: 14.0%, Average Gradient: 4.0% Mount Lofty Road, Crafers at Mount Lofty Summit Access Road	84.3	81.9
1254	1248	1242	Left turn at the roundabout on to Main Street, Crafers	86.9	79.2
1254	1248	1242	Veer left on to Piccadilly Road, Crafers	87.1	79.0
1256	1250	1244	Left turn at the roundabout on to Piccadilly Road, Piccadilly	88.3	77.8
1300	1253	1247	Piccadilly Road, Piccadilly Caution - Bridge	90.8	75.3

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1301	1254	1249	Veer right on to Swamp Road, Piccadilly	91.7	74.5
1305	1258	1252	Sharp right turn on to Greenhill Road, Uraidla	94.2	71.9
1317	1310	1303	Greenhill Road, Balhannah at Bonney Flat Creek Caution - Bridge	102.4	63.8
1318	1311	1304	Greenhill Road, Balhannah at Onkaparinga River Caution - Bridge	102.9	63.2
1320	1313	1306	Left turn on to Onkaparinga Valley Road, Balhannah	104.5	61.7
1330	1322	1315	Ziptrak® Sprint #2 Onkaparinga Valley Road, Woodside at The Woodside Hotel	110.8	55.4
1334	1326	1319	Left turn at the roundabout on to Woodside Road, Woodside	113.8	52.4
1335	1327	1319	Feed & Clean Zone - 1700m (escorted) Woodside Road, Woodside at Onkaparinga River Caution - Bridge	114.2	52.0
1338	1330	1322	Veer right to stay on Woodside Road, Lobethal	116.2	50.0
1338	1330	1322	Veer left to stay on Woodside Road, Lobethal	116.4	49.8
1339	1330	1323	Right turn on to Main Street, Lobethal	116.8	49.4
1339	1331	1323	Main Street, Lobethal at Start Line End Lap #2	117.2	49.0
1340	1332	1324	Left turn on to Pioneer Avenue, Lobethal	117.9	48.2
1341	1333	1325	Pioneer Avenue becomes Cudlee Creek Road at Mill Road, Lobethal	118.4	47.8
1353	1344	1336	Left turn on to Gorge Road, Cudlee Creek	126.4	39.8
1353	1344	1336	Gorge Road, Cudlee Creek Caution - Bridge	126.5	39.7
1354	1345	1337	Gorge Road, Cudlee Creek at River Torrens Caution - Narrow Bridge	127.1	39.1
1356	1347	1339	Gorge Road, Cudlee Creek at River Torrens Caution - Narrow Bridge	128.4	37.8
1401	1352	1343	Gorge Road, Millbrook at River Torrens Caution - Bridge	131.7	34.5
1408	1358	1349	Gorge Road, Paracombe near Kangaroo Creek Lookout	136.0	30.2
1410	1400	1352	Gorge Road, Paracombe at River Torrens Caution - Bridge	137.9	28.3
1411	1402	1353	Left turn on to Corkscrew Road, Castambul	138.6	27.5
1413	1403	1354	Feed & Clean Zone - 2500m (non-escorted) Corkscrew Road, Montacute Caution - Narrow Bridge	139.8	26.3
1417	1407	1358	efex King of the Mountain #3 - Corkscrew Road (category 1) Distance: 2.4km, Total Ascent: 217m Maximum Gradient: 16.2%, Average Gradient: 9.7% Corkscrew Road, Montacute	142.3	23.9
1417	1407	1358	Right turn on to Montacute Road, Montacute	142.3	23.9
1418	1407	1358	Montacute Road, Montacute Caution - Sharp Descending Turn	142.7	23.5
1418	1408	1358	Montacute Road, Montacute Caution - Sharp Descending Turn	142.8	23.4
1418	1408	1358	Montacute Road, Montacute Caution - Sharp Descending Turn	142.9	23.3
1418	1408	1359	Montacute Road, Montacute Caution - Sharp Descending Turn	143.0	23.1
1425	1414	1405	Sharp right turn on to Maryvale Road, Athelstone Caution - Sharp Descending Turn	147.6	18.6
1426	1415	1405	Maryvale Road at Foxfield Oval, Athelstone at Finish Line	148.1	18.1
1427	1417	1407	Right turn on to Gorge Road, Athelstone	149.2	17.0
1439	1427	1417	Gorge Road, Castambul Caution - Bridge	156.7	9.5

MEN'S STAGE 3

efex RACE DAY 3

DATE
THURSDAY 21 JAN 2027

DISTANCE
166.2KM

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Time 40km	Time 42km	Time 44km	Location	Km travelled	Km to go
1439	1427	1417	Right turn on to Corkscrew Road, Castambul	156.7	9.4
1440	1429	1419	Feed & Clean Zone - 2500m (non-escorted) Corkscrew Road, Montacute Caution - Narrow Bridge	158.0	8.2
1444	1433	1422	efex King of the Mountain #4 - Corkscrew Road (category 1) Distance: 2.4km, Total Ascent: 217m Maximum Gradient: 16.2%, Average Gradient: 9.7% Corkscrew Road, Montacute	160.4	5.8
1444	1433	1422	Right turn on to Montacute Road, Montacute	160.4	5.8
1445	1433	1423	Montacute Road, Montacute Caution - Sharp Descending Turn	160.8	5.4
1445	1433	1423	Montacute Road, Montacute Caution - Sharp Descending Turn	160.9	5.3
1445	1434	1423	Montacute Road, Montacute Caution - Sharp Descending Turn	161.0	5.2
1445	1434	1423	Montacute Road, Montacute Caution - Sharp Descending Turn	161.1	5.1
1452	1440	1429	Sharp right turn on to Maryvale Road, Athelstone Caution - Sharp Descending Turn	165.7	0.5
1453	1441	1430	Race Finish Maryvale Road at Foxfield Oval, Athelstone	166.2	0.0

Approximate Race Duration: 4 hours 1 minute