



POINT-TO-POINT

Time 34km	Time 36km	Time 38km	Location	Km travelled	Km to go
1110	1110	1110	Start Race Neutral Esplanade, Brighton	0.0	3.8
1111	1111	1111	Continue straight at the roundabout on to Esplanade, Brighton	0.0	3.4
1110	1110	1110	Esplanade, Brighton Caution - Raised Pedestrian Crossing	0.2	3.4
1111	1111	1111	Continue straight at the roundabout to stay on Esplanade, South Brighton	0.7	3.1
1113	1113	1113	Esplanade, Seacliff Caution - Raised Pedestrian Crossing	1.3	2.4
1114	1114	1114	Left turn at the roundabout on to Wheatland Street, Seacliff	1.7	2.1
1114	1114	1114	Wheatland Street, Seacliff Caution - Rail Crossing (Active)	2.0	1.7
1115	1115	1115	Right turn on to Brighton Road, Seacliff	2.3	1.5
1117	1117	1117	Brighton Road becomes Ocean Boulevard at Scholefield Road, Seacliff Park	3.1	0.7
1119	1119	1119	End Race Neutral Ocean Boulevard at Gardenia Street, Seacliff Park	3.8	0.0
1119	1119	1119	Race Start Ocean Boulevard at Gardenia Street, Seacliff Park	0.0	101.9
1121	1121	1121	Ocean Boulevard becomes Lonsdale Road at Majors Road, Hallett Cove	1.5	100.4
1134	1133	1133	Left turn on to Sherriffs Road, Lonsdale	8.9	93.0
1136	1135	1134	Right turn on to Brodie Road, Lonsdale	10.0	91.9
1137	1136	1135	Continue straight on to the Southern Expressway on-ramp, Lonsdale	10.2	91.7
1148	1147	1145	Veer right on to Main South Road, Huntfield Heights	16.8	85.1
1149	1147	1145	Veer left on to Patapinda Road, Onkaparinga Heights	17.0	84.9
1153	1151	1149	Patapinda Road at Onkaparinga River, Old Noarlunga Caution - Bridge	19.5	82.3
1154	1152	1150	Left turn on to Main South Road, Old Noarlunga	19.9	82.0
1154	1152	1150	Keep right to stay on Main South Road, Old Noarlunga	20.0	81.8
1201	1159	1157	Veer left on to Tatachilla Road off-ramp, Seaford Rise	24.1	77.7
1202	1200	1158	Right turn on to Maslin Beach Road, Tatachilla	24.7	77.1
1204	1202	1200	Left turn on to Old Coach Road, Maslin Beach	25.9	75.9
1213	1210	1207	Right turn at the roundabout on to Port Road, Aldinga	30.9	71.0
1214	1211	1208	Right turn to stay on Port Road, Aldinga	31.5	70.4
1217	1213	1211	Continue straight on to Jetty Road, Port Willunga	32.9	68.9
1217	1214	1211	Veer left on to Esplanade, Port Willunga	33.1	68.8
1221	1217	1214	Ziptrak® Sprint #1 Esplanade (Snapper Point) at Finish Line, Aldinga Beach	35.2	66.7
1224	1221	1217	Right turn on to Lower Esplanade, Aldinga Beach	37.2	64.7
1228	1224	1221	Left turn on to Norman Road, Aldinga Beach	39.5	62.3
1230	1226	1223	Right turn on to Justs Road, Aldinga Beach	40.5	61.4
1231	1227	1223	Justs Road, Aldinga Beach Caution - Bridge	40.8	61.1
1231	1227	1223	Justs Road, Aldinga Beach Start Clean Zone	40.9	61.0
1231	1227	1224	Justs Road, Aldinga Beach End Clean Zone	41.3	60.5

WOMEN'S STAGE 1

DATE
FRIDAY 17 JAN 2025

DISTANCE
101.9KM

01 ▶ BRIGHTON 11:10AM
ALDINGA BEACH 2:08PM



Time 34km	Time 36km	Time 38km	Location	Km travelled	Km to go
1234	1230	1226	Left turn on to Sellicks Beach Road, Sellicks Beach	42.8	59.0
1234	1230	1226	Right turn on to Country Road, Sellicks Beach	42.9	59.0
1235	1230	1227	Country Road, Sellicks Beach Caution - Bridge	43.1	58.8
1235	1231	1227	Feed Zone Country Road, Sellicks Beach approximately 100m south of bridge	43.2	58.7
1237	1232	1228	Right turn on to Main South Road, Sellicks Hill	44.2	57.7
1246	1241	1236	Right turn on to Reservoir Road, Sellicks Hill	49.3	52.6
1248	1243	1238	efex Queen of the Mountain #1 - Heatherdale Hill (category 1) Distance: 9.6km, Total Ascent 365m, Maximum Gradient: 14.4%, Average Gradient: 3.8% Reservoir Road, Sellicks Hill	50.6	51.3
1256	1250	1246	Reservoir Road, Myponga Caution - Steep descent with sharp left turn	55.1	46.8
1256	1251	1246	Reservoir Road, Myponga Caution - Narrow Bridge	55.4	46.4
1300	1254	1249	Right turn on to Forktree Road, Wattle Flat	57.4	44.5
1315	1308	1302	Forktree Road becomes Carrickalinga Road at Brown Road, Carrickalinga	65.7	36.2
1316	1310	1304	Carrickalinga Road, Normanville at Carrickalinga Creek Caution - Narrow Bridge	66.7	35.1
1319	1313	1307	Carrickalinga Road becomes Main Road at Jetty Road, Normanville	68.4	33.5
1320	1313	1307	Main Road, Normanville Caution - Raised Pedestrian Crossing	68.7	33.2
1320	1313	1307	Left turn on to Main South Road, Normanville	68.8	33.1
1325	1318	1312	Ziptrak® Sprint #2 Main South Road, Yankalilla at property #109	71.7	30.1
1326	1319	1312	Veer left on to Main South Road, Yankalilla Start Clean Zone	72.0	29.9
1326	1319	1313	Main South Road, Yankalilla End Clean Zone	72.4	29.5
1350	1342	1334	Main South Road, Myponga at Myponga General Store	85.8	16.1
1402	1353	1345	Veer left on to Country Road, Sellicks Hill	92.9	9.0
1354	1345	1337	Country Road, Sellicks Beach Caution - Bridge	88.0	13.9
1405	1356	1347	Left turn on to Sellicks Beach Road, Sellicks Beach	94.2	7.7
1405	1356	1347	Right turn on to Justs Road, Sellicks Beach	94.2	7.6
1409	1359	1351	Justs Road, Aldinga Beach Caution - Bridge	96.3	5.6
1409	1359	1351	Left turn on to Norman Road, Aldinga Beach	96.6	5.3
1411	1401	1353	Right turn on to Lower Esplanade, Aldinga Beach	97.5	4.3
1415	1405	1356	Left turn on to Esplanade, Aldinga Beach	99.8	2.0
1418	1408	1359	Race Finish Esplanade, Aldinga Beach at Snapper Point	101.9	0.0

Approximate Race Duration: 2 hours and 58 minutes