MEN'S STAGE 1

TUESDAY 21 JAN 2025 DISTANCE 150.7KM

PROSPECT 11:10AM SEQUMERACHA 3:21PM

POINT-TO-POINT

Time 38km	Time 40km	Time 42km	Location	Km travelled	Km to go
1110	1110	1110	Start Race Neutral Prospect Road, Prospect at Prospect Town Hall	0.0	12.6
1112	1112	1112	Right turn on to Regency Road, Prospect	1.4	11.2
1117	1117	1117	Regency Road becomes Muller Road at Hampstead Road, Manningham	3.8	8.8
1120	1120	1120	Left turn on to North East Road, Klemzig	5.4	7.1
1125	1125	1125	Right turn on to Sudholz Road, Holden Hill	7.7	4.8
1127	1127	1127	Sudholz Road becomes Darley Road at River Torrens, Windsor Gardens Caution - Bridge	8.8	3.7
1130	1130	1130	Left turn on to Gorge Road, Paradise	10.4	2.2
1135	1135	1135	End Race Neutral Gorge Road, Athelstone at Sharlene Court	12.6	0.0
1135	1135	1135	Start Race Gorge Road, Athelstone at Sharlene Court	0.0	150.7
1148	1147	1146	Gorge Road, Castambul Caution - Narrow Bridge	8.3	142.4
1149	1148	1148	Gorge Road, Paracombe Caution - Narrow Bridge	9.0	141.6
1152	1151	1151	efex King of the Mountain #1 -Kangaroo Creek Reservoir (category 2) Distance: 2.22km, Total Ascent 111m, Maximum Gradient: 13.3%, Average Gradient: 5.0% Gorge Road, Paracombe near Kangaroo Creek Lookout	11.2	139.4
1159	1157	1156	Gorge Road, Millbrook Caution - Narrow Bridge	15.2	135.4
1204	1202	1201	Gorge Road, Cudlee Creek Caution - Narrow Bridge	18.5	132.1
1205	1203	1202	Sharp left turn on to Tippett Road, Cudlee Creek	19.2	131.4
1208	1207	1205	Right turn on to North East Road, Chain of Ponds	21.3	129.3
1209	1207	1206	Left turn on to South Para Road, Chain of Ponds	21.7	129.0
1216	1214	1212	South Para Road becomes Scott Street at High Street, Kersbrook	26.5	124.2
1217	1215	1213	Scott Street, Kersbrook at Kersbrook Town Hall	26.7	123.9
1218	1215	1213	Scott Street becomes South Para Road at Memorial Court, Kersbrook	27.2	123.5
1233	1230	1228	South Para Road, Williamstown at South Para Reservoir Caution - Bridge	37.2	113.5
1238	1235	1232	South Para Road becomes Victoria Street at South Terrace, Williamstown	40.0	110.6
1238	1235	1232	Victoria Street, Williamstown Caution - Bridge	40.3	110.4
1239	1236	1233	Ziptrak® Sprint #1 Victoria Street, Williamstown at Victoria Creek Reserve	40.9	109.7
1239	1236	1233	Right turn on to Mount Crawford Road, Williamstown	41.1	109.6
1240	1236	1233	Mount Crawford Road, Williamstown Caution - Bridge	41.1	109.5
1240	1237	1234	Mount Torrens Road, Williamstown near Carlisle Street (west) Start Clean Zone	41.7	108.9
1241	1238	1235	Mount Crawford becomes Warren Road at Springton Road, Williamstown End Clean Zone	42.3	108.4
1256	1252	1248	Veer right to stay on Warren Road, Mount Crawford	51.3	99.3
1257	1253	1249	Right turn on to Forreston Road, Mount Crawford	52.2	98.4
1315	1310	1305	Forreston Road, Gumeracha at River Torrens Caution - Narrow Bridge	63.4	87.3
1315	1310	1305	Forreston Road becomes Randell Terrace at Beavis Court, Gumeracha	63.6	87.1

MEN'S STAGE 1

TUESDAY 21 JAN 2025 DISTANCE 150.7KM

PROSPECT 11:10AM S:21PM

Time 38km	Time 40km	Time 42km	Location	Km travelled	Km to go
1316	1311	1306	Right turn on to Albert Street, Gumeracha	64.0	86.6
1316	1311	1306	Feed Zone Albert Street, Gumeracha near Finish Line Start Lap #1	64.2	86.4
1316	1311	1306	Albert Street, Gumeracha at Kenton Creek Caution - Bridge	64.3	86.3
1317	1312	1307	Albert Street becomes Torrens Valley Road at Victoria Street, Gumeracha	64.7	85.9
1322	1317	1312	Torrens Valley Road, Chain of Ponds at River Torrens Caution - Narrow Bridge Caution - Sharp Descending Turn	68.0	82.7
1322	1317	1312	Veer left on to Gorge Road, Chain of Ponds	68.1	82.5
1323	1318	1313	Gorge Road, Gumeracha at River Torrens Caution - Narrow Bridge	68.9	81.8
1328	1323	1317	Sharp left turn on to Cudlee Creek Road, Cudlee Creek Caution - Sharp Descending Turn	72.0	78.7
1329	1324	1318	Cudlee Creek Road, Cudlee Creek at Hannaford Road Start Clean Zone	72.7	78.0
1330	1324	1319	Cudlee Creek Road, Cudlee Creek End Clean Zone	73.0	77.6
1338	1331	1326	efex King of the Mountain #2 - Berry Hill Climb (category 2) Distance: 1.477km, Total Ascent 102m, Maximum Gradient: 10.0%, Average Gradient: 6.9% Cudlee Creek Road, Cudlee Creek near Berry Hill Road	77.9	72.7
1341	1335	1329	Cudlee Creek Road becomes Pioneer Avenue at Mill Road, Lobethal	80.0	70.7
1342	1335	1329	Sharp right turn on to Main Street, Lobethal	80.4	70.2
1343	1337	1331	Sharp left turn on to Woodside Road, Lobethal	81.6	69.1
1344	1338	1332	Veer right to stay on Woodside Road, Lobethal	82.0	68.7
1344	1338	1332	Veer left to stay on Woodside Road, Lobethal	82.2	68.5
1345	1339	1333	Left turn on to Graeber Road, Lobethal	82.8	67.8
1348	1341	1335	Left turn on to Juers Road, Charleston	84.5	66.1
1350	1343	1337	Right turn on to Jungfer Road, Charleston	85.7	65.0
1350	1343	1337	Left turn on to Schoenthal Road, Charleston	85.9	64.8
1353	1346	1339	Sharp right turn on to Mount Torrens Road, Lobethal	87.4	63.2
1356	1349	1342	Continue straight on to Onkaparinga Valley Road, Mount Torrens	89.4	61.3
1401	1354	1348	Left turn on to Townsend Street, Mount Torrens	93.0	57.6
1402	1355	1348	Townsend Street becomes Onkaparinga Valley Road at Oval Road, Mount Torrens	93.6	57.0
1403	1355	1349	Onkaparinga Valley Road, Mount Torrens Caution - Bridge	93.9	56.7
1409	1402	1355	Onkaparinga Valley Road, Birdwood at William Creek Caution - Bridge	98.1	52.6
1411	1403	1356	Onkaparinga Valley Road becomes William Street at Martha Street, Birdwood	99.0	51.6
1412	1404	1357	Sharp left turn on to Shannon Street, Birdwood	99.5	51.2
1413	1405	1358	Ziptrak® Sprint #2 Shannon Street, Birdwood at National Motor Museum Weighbridge	100.5	50.2
1413	1405	1358	Shannon Street becomes Torrens Valley Road at Blumel Road, Birdwood	100.6	50.1
1416	1408	1400	Torrens Valley Road, Birdwood at Angas Creek Caution - Narrow Bridge	102.0	48.7
1423	1415	1407	Torrens Valley Road becomes Albert Street at The Big Rocking Horse, Gumeracha	106.9	43.8
1424	1416	1408	Feed Zone Albert Street, Gumeracha near Finish Line End Lap #1 / Start Lap #2	107.4	43.2

ZIPTRAK®

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PROSPECT 11:10AM **■ GUMERACHA** 3:21PM

Time 38km	Time 40km	Time 42km	Location	Km travelled	Km to go
1424	1416	1408	Albert Street, Gumeracha at Kenton Creek Caution - Bridge	107.5	43.1
1425	1417	1409	Albert Street becomes Torrens Valley Road at Victoria Street, Gumeracha	107.9	42.7
1430	1421	1413	Torrens Valley Road, Chain of Ponds at River Torrens Caution - Narrow Bridge Caution - Sharp Descending Turn	111.2	39.4
1430	1422	1414	Veer left on to Gorge Road, Chain of Ponds	111.3	39.3
1432	1423	1415	Gorge Road, Gumeracha at River Torrens Caution - Narrow Bridge	112.1	38.6
1436	1427	1419	Sharp left turn on to Cudlee Creek Road, Cudlee Creek Caution - Sharp Descending Turn	115.2	35.5
1438	1428	1420	Cudlee Creek Road, Cudlee Creek at Hannaford Road Start Clean Zone	115.9	34.8
1438	1429	1421	Cudlee Creek Road, Cudlee Creek End Clean Zone	116.3	34.4
1446	1436	1428	efex King of the Mountain #3 - Berry Hill Climb (category 2) Distance: 1.477km, Total Ascent 102m, Maximum Gradient: 10.0%, Average Gradient: 6.9% Cudlee Creek Road, Cudlee Creek near Berry Hill Road	121.1	29.5
1449	1439	1431	Cudlee Creek Road becomes Pioneer Avenue at Mill Road, Lobethal	123.2	27.5
1450	1440	1431	Sharp right turn on to Main Street, Lobethal	123.6	27.0
1452	1442	1433	Sharp left turn on to Woodside Road, Lobethal	124.8	25.8
1452	1442	1433	Veer right to stay on Woodside Road, Lobethal	125.2	25.4
1453	1443	1434	Veer left to stay on Woodside Road, Lobethal	125.4	25.3
1454	1444	1435	Left turn on to Graeber Road, Lobethal	126.1	24.6
1456	1446	1437	Left turn on to Juers Road, Charleston	127.7	22.9
1458	1448	1439	Right turn on to Jungfer Road, Charleston	128.9	21.7
1458	1448	1439	Left turn on to Schoenthal Road, Charleston	129.1	21.6
1501	1451	1441	Sharp right turn on to Mount Torrens Road, Lobethal	130.6	20.0
1504	1453	1444	Continue straight on to Onkaparinga Valley Road, Mount Torrens	132.6	18.1
1510	1459	1449	Left turn on to Townsend Street, Mount Torrens	136.3	14.4
1511	1500	1450	Townsend Street becomes Onkaparinga Valley Road at Oval Road, Mount Torrens	136.8	13.8
1511	1500	1451	Onkaparinga Valley Road, Mount Torrens Caution - Bridge	137.1	13.5
1518	1507	1456	Onkaparinga Valley Road, Birdwood at William Creek Caution - Bridge	141.3	9.4
1519	1508	1458	Onkaparinga Valley Road becomes William Street at Martha Street, Birdwood	142.2	8.4
1520	1509	1458	Sharp left turn on to Shannon Street, Birdwood	142.7	8.0
1522	1510	1500	Shannon Street, Birdwood at National Motor Museum Weighbridge	143.7	6.9
1522	1510	1500	Shannon Street becomes Torrens Valley Road at Blumel Road, Gumeracha	143.8	6.8
1524	1512	1502	Torrens Valley Road, Gumeracha at Angas Creek Caution - Narrow Bridge	145.2	5.4
1532	1520	1509	Torrens Valley Road becomes Albert Street at The Big Rocking Horse, Gumeracha	150.1	0.5
1532	1521	1510	Race Finish Albert Street, Gumeracha at Gumeracha Town Hall	150.7	0.0