## MEN'S STAGE 6

## SUNDAY 26 JAN 2025 DISTANCE 90.0KM

## O6 \* ADELAIDE 1:30PM \* ADELAIDE 3:30PM

## **POINT-TO-POINT**

Time 44km	Time 46km	Time 48km	Location	Km travelled	Km to go
1330	1330	1330	Start Race King William Road, Adelaide near bus stop A01 - heading south	0.0	4.5
1330	1330	1330	U-turn on King William Road, Adelaide <b>Caution - Tram Lines</b>	0.3	4.2
1331	1331	1331	Left turn on to War Memorial Drive, North Adelaide	0.9	3.6
1332	1332	1331	Right turn on to Montefiore Road, North Adelaide	1.5	3.0
1332	1332	1332	Montefiore Road, North Adelaide near Colonel William Light Statue	2.1	2.4
1332	1332	1332	Right turn on to Montefiore Hill, North Adelaide	2.1	2.4
1333	1332	1332	Montefiore Hill becomes Pennington Terrace at Palmer Place, North Adelaide	2.2	2.3
1333	1333	1333	Continue straight on to Pennington Terrace, North Adelaide	2.6	1.9
1333	1333	1333	Left turn on to Sir Edwin Smith Avenue, North Adelaide	2.7	1.8
1334	1333	1333	Right turn on to Frome Road, North Adelaide	3.0	1.5
1334	1334	1334	Right turn on to War Memorial Drive, North Adelaide	3.4	1.1
1335	1335	1335	Left turn on to Sir Edwin Smith Avenue, North Adelaide	4.2	0.3
1335	1335	1335	Veer left on to King William Road, North Adelaide	4.2	0.3
1336	1335	1335	King William Road, Adelaide near bus stop A01 End Lap (x 20 Laps)	4.5	0.0
			Ziptrak® Sprint #1 King William Road, Adelaide at Finish Arch (Lap 4)	18.0	72.0
			King of the Mountain #1 - Montefiore Hill (category 4) (Lap 8) Distance: 567m, Total Ascent 20m, Maximum Gradient: 6.5%, Average Gradient: 4.0% Montefiore Road, North Adelaide near Colonel William Light Statue	38.0	54.0
			Ziptrak® Sprint #2 King William Road, Adelaide at Finish Arch (Lap 12)	54.0	36.0
			King of the Mountain #2 - Montefiore Hill (category 4) (Lap 16) Distance: 567m, Total Ascent 20m, Maximum Gradient: 6.5%, Average Gradient: 4.0% Montefiore Road, North Adelaide near Colonel William Light Statue	72.0	18.0
1532	1527	1522	End Lap (x 20 Laps) King William Road, Adelaide near bus stop A01	90.0	0.0
			Approximate Race Duration: 1 Hour 57 minutes		