

Santos **TOUR DOWN UNDER**

2026

HEALTH PARTNERS

FAMILY RIDE

RIDE GUIDE

**VICTORIA PARK -
MEN'S PROLOGUE CIRCUIT**

*** Although this manual is correct at the time of distribution there may be some changes beyond our control that may affect the running of the event. Update notices may be issued to the Ride Guide by email and take precedence over this document.*

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HEALTH PARTNERS FAMILY RIDE

THANK YOU FOR ENTERING YOUR FAMILY IN THE HEALTH PARTNERS FAMILY RIDE ON TUESDAY 20 JANUARY 2026 IN VICTORIA PARK – PROLOGUE CIRCUIT.

The Health Partners Family Ride is your chance to ride around the 2026 Men's Prologue circuit in Victoria Park with your family.

Please make sure as a parent / guardian, you read the information within this Official Ride Guide prior to the event. You will find information in here about check in procedures, times, and locations.

ON THE DAY

Check In Opens 2:00pm

Check In Closes 3:45pm

Wristband Collection

A parent / guardian will be required to sign in and collect wristbands for the whole family. Please bring your ticket with you.

Ride Marshalling on Track 3:45pm – 3:55pm

On Track Safety Briefing 3:55pm

Official Start: 4:00pm

Last Lap 4:50pm

Finish Time 5:00pm

Track Clear 5:15pm

All participants must check in for the Health Partners Family Ride at the registration tent.

The wristband provided will need to be worn by all participants to gain access to the track. All families will have access to the track for approximately 1 hour.

Children under 18 must always be accompanied and supervised during the Health Partners Family Ride by a parent or guardian registered as an adult participant. A numbered wristband will be provided to all participants with a space for parent or guardian contact phone number to be added.



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WHAT TO BRING

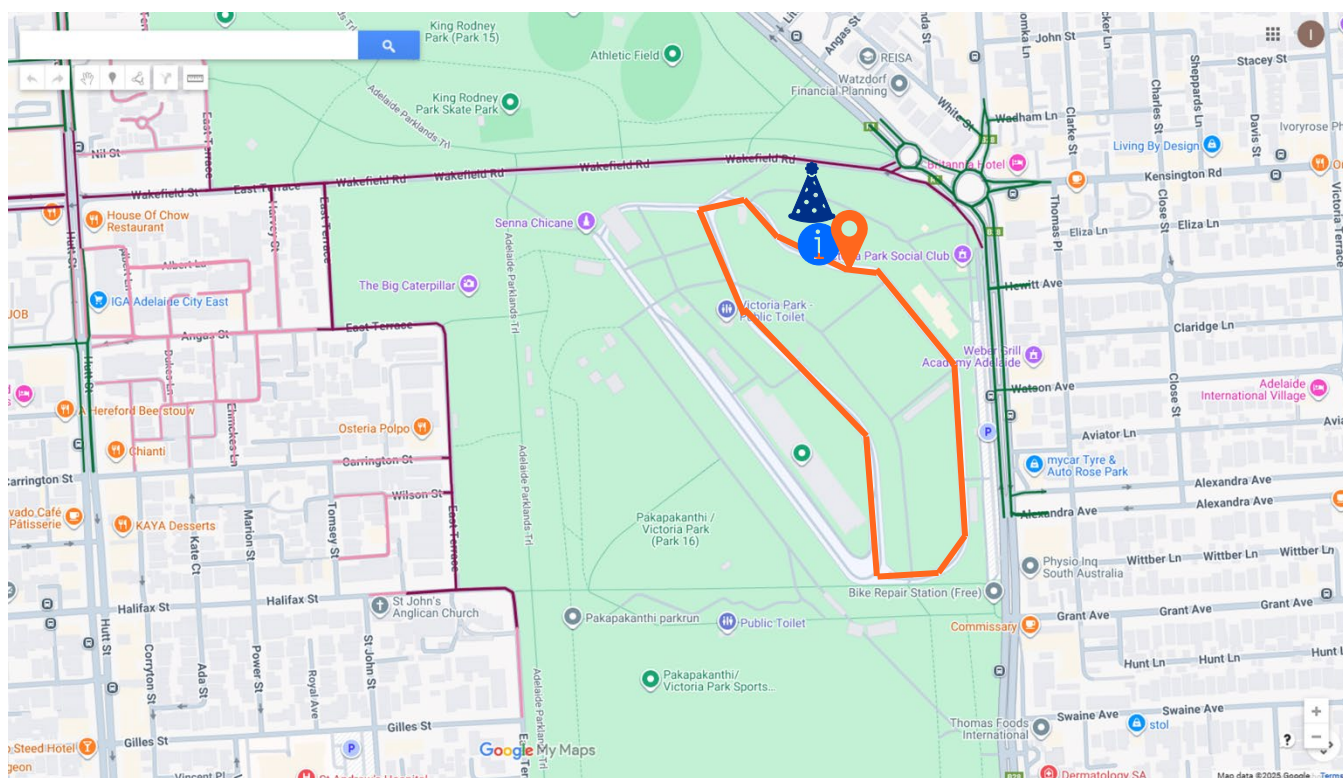
- Ticket / order confirmation or valid driver's license to match the name on your booking
- A bike in good working order. Child carrier seats, bicycle trailers, tandem and hand powered bicycles are acceptable so that every member of your team can participate (no scooters or unicycles, bike must have working breaks)
- Australian standards approved helmet
- Own water bottle
- Safe, comfortable riding shoes
- Sunscreen

PARKING

Wilson Parking are providing \$5 Parking for Family Ride families at [Adelaide Central](#) and [30 Hindley St Car Park](#). Use promo code HPFAMILYRIDE5 when prepaying online or on the Wilson Parking App to access this great offer! T&Cs apply, only available at selected car parks on 20 January 2026.

ROAD CLOSURES

The Santos Tour Down Under operates on fully closed roads for the Men's Prologue. Roads will be closed, and detour signs will be in place. Further information can be found [here](#). Road closures are indicated by the purple and pink lines on the below map.



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Check In



Track Entry



Health Partners Family Day Activities (Victoria Park)



Health Partners Family Ride Route



Hard Road Closures - Wakefield Road and East Terrace will be closed from 0500 – 2359



Soft Road Closures



25km speed restrictions - Dequetteville Terrace & Fullarton Road

HEALTH PARTNERS FAMILY DAY

FREE activities all afternoon! (2:00PM – 8:00PM)

Along with the Health Partners Family Ride, there will be great activities to entertain the whole family throughout Rundle Park.

Come along and enjoy an afternoon of activities at Health Partners Family Day including:

Health Partners Hub – Healthy Families, Happy Lives!

Hop on our Smoothie Bikes and blend up a refreshing treat, pick up some exclusive Health Partners goodies, and stay sun-safe at our sunscreen station. It's all part of helping South Aussie families feel good, have fun, and make the most of the day!

Yamaha Blu Cru – Come and Try!

Rev up the excitement with Yamaha's Blu Cru Come and Try Session! Kids can hop on and experience the thrill of riding in a safe, supervised environment—perfect for budding riders to learn and have fun. More details to come.

Tiny Tour

Let the littlest cycling fans feel the rush of the Santos Tour Down Under at Tiny Tour, a specially designed mini-race track for kids aged five and under! This safe and engaging area lets young riders cruise on tricycles or balance bikes. Helmets are required. Bikes and trikes can be brought from home.

Get creative at the Health Partners Family Day Craft Station!



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Unleash your inner artist at our Health Partners Family Day Craft Station, where creativity meets cycling fun! Kids (and kids at heart) can:

🎨 Colour your own Oppy flag – Bring the iconic Santos Tour Down Under mascot, Oppy, to life with your favourite colours and take home a keepsake to cheer on the riders.

🚲 Design your own bike keyring or bike number plate – Personalise a minibike keyring or your very own bike plate with vibrant designs to celebrate your love of cycling.

Nature Play SA – Cycle of Life

Celebrate creativity and community with two nature-inspired activities! First, give your bike a fresh, eco-friendly look by crafting handlebar streamers from grasses, flowers, vines, and recycled ribbons. Then, join others to build a stunning 3D sculpture on a recycled bike wheel using sticks, stones, and blooms—exploring themes like the Cycle of Life and “What keeps your wheel turning?” It’s hands-on, collaborative, and a beautiful way to connect with nature and the spirit of cycling.

Ride in style with an Oppy temporary tattoo from Oppy’s Tattoo Parlour!

Add some cycling flair to your Health Partners Family Day look with an Oppy temporary tattoo! Featuring our beloved Santos Tour Down Under mascot, these fun and vibrant designs are perfect for fans of all ages. Stop by and get an Oppy tattoo to wear your cycling spirit with pride.

Little Riders’ Play Zone

Bring the kids along for endless fun in our outdoor soft play area, complete with a dedicated 0–2-year-old zone for the tiniest adventurers. Plus, challenge friends and family with our collection of giant wooden games—perfect for playful competition and big smiles!

Family Friendly Activities/Entertainment and Refreshments

- Face painters
- Bubble artist roving entertainment
- Food trucks
- Bar open from 5pm

On track events include:

- Para-Cycling Teams Relay at 2:30pm – 3:30pm
- Men’s Prologue at 6:00pm – 8:30pm

The following facilities will be available on-site for the use of participants:

- Public toilets



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- Water taps
- St John's First Aid
- Parents Room
- Sensory Bus

SAFETY PROCEDURES AND CANCELLATION OF EVENT

Please refer to our Extreme Weather Plan and Cancellation Guidelines on the Santos Tour Down Under website [here](#).

Don't forget to bring some sunscreen, a helmet, and plenty of water on the day.
Most importantly, have fun and ride safely!



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