



EQUIPMENT



Clothing

Professional Cyclists wear slightly different clothing to what most of us do when we head out for a ride. Instead of jeans and a t-shirt they wear a full cycling kit in their team design made from Lycra – this assists in making them quicker on the bike! A cycling kit generally consists of: team jersey, bib-knicks (specific cycling shorts), socks, cleats (specific cycling shoes), cycling cap, helmet and gloves.

Research the team kits of the 2018 WorldTour teams and then come up with your own team kit design. You can use images you find online or in magazines or draw and colour your own.

